DEPARTMENT OF APPLIED PSYCHOLOGY GURU JAMBHESHWAR UNIVERSITY OF SC. & TECHNOLOGY, HISAR

No./A./Psy/21/107 Dated: 27.10.2021

To

The Asstt. Registrar (Academic) GJUS&T, Hisar

Sub: Annual Report for the year 2020-21 (01.07.2020 to 30.06.2021).

Sir,

With reference to letter No.Acad./AC-1/2021/5117-5140 dt. 24.09.2021 on the subject above, kindly find attached herewith the annual report **2020-21(01.07.2020 to 30.06.2021)** of the Department of Applied Psychology.

Chairperson

ANNUAL REPORT (01.07.2020 to 30.06.2021)

DEPARTMENT OF APPLIED PSYCHOLOGY

(I) NAME : APPLIED PSYCHOLOGY

(II) Year of Establishment : 1996

(III) (a) Vision:

Perseverance and enhancement of bio-psychosocial-spiritual well-being

The sole aim of any stream of education is to improve the quality of life of living beings particularly the human beings. Psychological sciences are instrumental in understanding and developing the quality of life of people across the life span and in different fields. This is the era of the reflection of sea change in all the spheres. The antecedent and consequent factor is the human being. The pivot of all the research orientations in varied disciplines is to enhance the quality of life of human beings. Quality of all the materialistic and physical manifestations on the one side depend upon the efficiency, and quality of human brain but on the other side at the same time, now a days stress and anxieties are taking a toll on human cognitive affairs resulting into various psychological disorders, neurological problems, various psychosomatic problems and other behavioral aberrations. To establish the department as school of behavioural science with emphasis on quality education, training, research and extension activities in the field of psychology.

(b) Mission:

To provide skill based knowledge to students.

To train the students in specialized areas so that they can pursue career in their preferred field of interest.

To facilitate job oriented education through internship with different organizations.

To nurture young minds in such a way that they become innovators who will work towards the overall will being of the society.

(c) Objective of Department:

- To generate resources so as to facilitate online teaching.
- Upgradation of laboratories as per the need of hour.
- To get projects from UGC or any other funding agencies.
- To organize seminar/workshop.
- To conduct FDP to keep the faculty upto date in current areas.

(IV) Course (s) offered in the department

Course	Sanctioned intake	Present strength(total)
Ph.D.	42	45
P.G	50 +06=56	51
UG	45+05+05=55	51
Any other PGDGC	15+05=20	14

(V) Faculty detail

(Attach a list of the faculty along with their qualifications Experiences)

Professor	fessor Associate Professor Assistant Professor			ofessor	
Sanctioned	Filled	Sanctioned	filled	Sanctioned	Filled
01	01	02	01	04	04

Regular Faculty details

Name of	Designation	Qualification	Experienc	Aadhar No.	PAN No.	H.Index
Teacher			e			(Scopus
			(in years)			Based)
1.	Prof.	M.A, M Phil,	23 years	837564661131	AGOPR4946A	
	Sandeep	Ph D.				
	Singh					
2.	Prof.	M.A, M Phil,	24 years	205196749682	ABSPK1127B	
	Jyotsana	Ph D.				
3.	Dr. Rakesh	M.A, Ph D.	19 years	228187568005	AGWPB3452F	
	Kumar		11months			
	Bahmani					
4.	Dr. Manju	M.A ., Ph. D,	15 years	707923212937	AJWPG8221A	
		UGC (NET)				
5.	Dr. Sanjay	M.A., UGC	12 years	674014929299	BXCPP5020K	
	Kumar	(NET),				
		PGDRP, Ph.				
		D,				
6.	Dr. Taruna	M.A., Ph. D,	17 years	556187653658	AGYPG488ID	
		UGC (NET)				

(VI) Office staff detail:

(12) 011100 00011						
Title of Position	Sanctioned	Filled				
Tech. Asstt. Grade-I	01	01				
Lab Attendant	01	01				
Steno-typist	01	01(J.S.S.)				
Clerk	01	01+(01 on contract basis)				
Peon	01	02(On contract Basis)				

(VII)

a) Students detail in respect of M.Sc.,

Ist year		Final Year	
Sanctioned	Filled	Sanctioned	Filled
56	56	56	56

(b)Students detail in respect of MCA course

1st Year		2 nd Year		3 rd Year	
Sanctioned	Filled	Sanctioned	Filled	Sanctioned	Filled

(c) Students detail in respect of B.Tech , B.Pharm. and B.P.Th. Programmes

1 st year		2 nd year		3 rd year		4 th year	
Sanctioned intake	Filled	Sanctioned intake	Filled	Sanctioned Intake	Filled	Sanctioned intake	Filled

(d) Detail of Foreign Students if any, admitted in the Department: No

Sr. No.	Name of Course	No. of students Admitted	Name of Country

(VIII) Research Scholars:

Intake capacity	Total no of Ph. D students	Registered during the year	Thesis completed during the year
`42	21+(24Pre- Ph.D)	-	06

(IX) Sponsored Research/ Consultancy Project:

Title of the	Name of the Investigator(S)	Project in process	Awarded during the	Completed during the	Nature: Research/
Project	investigator(b)	process	current	current year	Consultancy
			year		

X) Number of Publications of Faculty (in Total)

Books	Research		Research		Other articles
	papers		paper		
	International	National	Referred	Non	SCOPUS
	foreign	(Indian)		referred	
	05	20	25	-	01

(XI) Teacher / Faculty wise detail of publication during the period:

a) Books/ Book Chapter/ Monograph.

Authors	Title	Year of publication	Types of books (Text / Reference / Report)

b) Papers/ Articles in Journals

Authors	Year	Title of paper	Name of	Vol. &	Pages	Publishers
Dr. Condoor	Cinab		journal	No.		
Shikha, Sandeep Singh & Taruna	2020	Character Strengths and Well-Being in Young Adults: Are there Gender Differences?	Journal of Critical Reviews			
Priyanka & Singh, S.	2020	Mindfulness promotes health and wellbeing- A Review.	International Journal of Indian Psychology,			
Ashu Dhawan & Sandeep Singh	2020	Effect of Mindfulness Based Cognitive Therapy in Reducing State Anger among Adolescents.	Indian Journal of psychology and Education.			
Dr. Rakesh Poonam, Sandeep & Behmani, R. K.	Behman 2020	Impact of the COVI19 Pandemic on Domestic Violence in India.	Journal of the Social Sciences			
Vijeta, & Behmani, R. K.	2020	Influence of food Pattern on Life of People During COVID- 19 Lockdown	International Journal of Creative Research Thoughts			
Malik, V. S., Poonam, & Behmani, R. K.	2020	Effect of COVID-19 Lockdown on Mental Health and Family	Shodh Sarita			Sanchar Educational and Research Foundation,

Dr. Manju		Relationship in North Indian People: Lockdown and You.				Thakur Ganj, Lucknow
Manju and Gobind	Nov. 2020	Role of yoga in psychological health among elderly	International Journal of creative research thoughts	Vol. 8	1441- 1447	
Radhika and Manju	July, Sep., 2020	Role of optimism and happiness in life satisfaction	Shodh Sanchar Bulletin	Vol.10	90-96	Sanchar Educational and Research Foundation, Thakur Ganj, Lucknow
Radhika and Manju	July, Sep., 2020	Optimism and loneliness as correlates of happiness	Shodh Sarita	Vol.7	76-81	Sanchar Educational and Research Foundation, Thakur Ganj, Lucknow
Gobind and Manju	2020 April, June	Family environment and personality as predictors of psychological well-being	Shodh Sanchar Bulletin	Vol.10	24-28	Sanchar Educational and Research Foundation, Thakur Ganj, Lucknow
Sheetal Khatri and Manju	Feb., 2020	The role of work family linkage and emotional maturity in prediction of marital adjustment for dual career couples	Studies in Indian place names	Vol.10/ 37		
Seema, Gobind and Manju	April, June, 2020	Compative study of stress, anxiety and	Shodh Sarita	Vol.7	141- 146	Sanchar Educational and

		depression among males and females				Research Foundation, Thakur Ganj, Lucknow
Dr. Sanjay l	Kumar					
Sanjay Kumar, Raj Kumar & Rakesh Kumar Behmani	2020	Psychological problems in adolescents during Covid- 19 Pandemic	Shodh Sanchar Bulletin;	10 & 40	195- 198	Thakur Ganj, Lucknow
Sanjay Kumar, Raj Kumar & Rakesh Kumar Behmani	2020	Emotional and behavior problems in orphans: Review	Shodh Sarita	07 (28)	207-212	Thakur Ganj, Lucknow
Sanjay Kumar,Sne ha Mittal & Amit	2020	Does advertisement impact Social Fabrics?	Shodh Sanchar Bulletin	10 (40)	73-75	Thakur Ganj, Lucknow
Sanjay Kumar, Sneha Mittal & Sandeep Rana	2021	Psychosocial profile of Juvenile Delinquents	Wutan Huatan Jisuan Jishu	01 (17)	518- 526	China
Sanjay Kumar, Amit & Sneha Mittal	2021	Biofeedback: An instrument to tune you biologically	Shodh Sanchar Bulletin;	11 (41)	518- 526	Thakur Ganj, Lucknow
Sanjay Kumar, Sneha Mittal & Satyander	2021	Impulsiveness and Anticipatory fear of Covid-19 Post Lockdown.	Shodh Sarita;	8 (29)	198- 203	Thakur Ganj, Lucknow
Dr. Taruna	T	T	T	T =	T	1
Shikha, Singh Sandeep & Taruna	Jan- Marc h, 2021	Character Strength of Gratitude as a Correlate of Happiness	Shodh Sarita	Vol.8; Issue.2 9	197- 200	Sanchar Educational and Research Foundation, Thakur Ganj, Lucknow

Rachna Rani & Taruna	Jan, 2021	Peer Pressure and Emotional Intelligence as Predictor of Alcohol and Drug Abuse Behaviour amongst Adolescents	Indian Journal of Psychological Sciences	Vol.13, N-2	Accep ted In Print	National Association of Psychologic al Science
Rachna Rani & Taruna	Jan- Marc h, 2021	Coping Style and Substance Abuse Behaviour : A Review	Shodh Sarita	Vol.8; Issue.2 9	182- 186	Sanchar Educational and Research Foundation, Thakur Ganj, Lucknow
Rachna Rani & Taruna	Jan- Marc h, 2021	Peer Pressure and Alcohol and Drug Abuse Behaviour among Adolescents: A Review	Shodh Sanchar	Vol. 11, Issue. 41	278- 281	Sanchar Educational and Research Foundation, Thakur Ganj, Lucknow
Gaurav Sharma & Taruna	Jan- Marc h, 2021	Gratitude as a predictor of psychological well-being amongst adolescents	Shodh Sarita	Vol.8; Issue.2 9	257- 261	Sanchar Educational and Research Foundation, Thakur Ganj, Lucknow
Gaurav Sharma & Taruna	Jan- Marc h, 2021	Gratitude and Mental Health: A Review	Shodh Sanchar	Vol. 11, Issue. 41	300- 304	Sanchar Educational and Research Foundation, Thakur Ganj, Lucknow
Akshay Ohlan & Taruna	Jan- Marc h, 2021	Character Strengths of Hope, Forgiveness and Spiritualityas Protective Factors against Suicide: A Review	Shodh Sanchar	Vol. 11, Issue. 41		Sanchar Educational and Research Foundation, Thakur Ganj, Lucknow

(XII) Participation of faculty in Seminar/Conference/Workshop and refresher courses etc. during the period:

(a) Total Number of Seminars/ Conferences attended by faculty and papers presented

Positions	Attended			Paper	s presented	
	International	National	Total	International	National	Total
Dr. Sanjay	02	03	05			
Kumar						
Chair						
Person/Jud						
ge						

(b) International Seminar /Conference/ Workshop:

Name of the Teacher/Faculty	Title of paper presented	Theme of conference/se minar/worksh op	Name of Host organiz- ation	Place	Dates
Dr. Taruna	Role of Spirituality and Hope in Enhancing Psychological Well-Being	Epidemic and Well-Being: The Voices of Psychology	NAPS- India and Dept of Psycholog y, Arba Minch University , Ethiopia	Onlin e	29/11/ 2020

(c) National Seminar / Conferences/ Workshop:

Name of Teacher/Fac	Title of paper presented	Theme of Conference/	Name of Host	Place	Dates
ulty		Seminar/	organiza tion		
	TOTAL				

(d) Regional/ State Level conferences/ seminars/Workshops:

Name of	Title of paper	Theme of	Name	Place	Dates
Teacher/	presented	Seminar/	of Host		
Faculty		Conference	organiz		
			ation		
	TOTAL				

Name of Teacher/Faculty	Title of Refresher course	Host organization	Deptt.	University	place	Date
Sanjay Kumar	MOOCS,	UGC-HRDC,	HRDC,GJU	GJUS&T,	Hisar	24-08-
	Online	GJUS&T,		Hisar		2020
	Courses and	Hisar				to
	Open					

	Educational Resources					29-08- 2020
Sanjay Kumar	Research Methodology in Social Sciences	UGC-HRDC, Aligarh Muslim University, Aligarh	HRDC,AMU	AMU, Aligarh	Aligar h	26-08- 2021 to 02-09- 2021
Dr. Taruna	MOOCS, Online Courses and Open Educational Resources	UGC-HRDC, GJUS&T, Hisar	HRDC,GJU	GJUS&T, Hisar	Hisar	24-08- 2020 to 29-08- 2020

(e) Refresher courses/ orientation courses

- (f) Total number of Refresher/oriented courses attended:
 - i) Refresher courses:
 - ii) Oriented courses
 - iii) Total:

(XIII) Association with National and State Level Bodies (Give teacher-wise details):

- i) Membership of Professional Bodies:
- ii) Member of Expert Committee:
- iii) Member of Academic Bodies of other institutions:

Prof. Sandeep Singh

- 1. Member, P.G. Board of studies of the Department of Applied Psychology, GJUS&T, Hisar
- 2. Member of DRC.
- 3. Member of Admission Committee, Departmental Research Committee
- 4. Member, P.G. Board of Studies of the Department of Psychology, Kurukshetra University, Kurukshetra.
- 5. Member, P.G. Board of Studies of the Department of Psychology, University of Jammu, Jammu.
- 6. Member, P.G. Board of Studies of the Department of Psychology, Gurukul Kangri University, Haridawar.
- 7. Member, P.G. Board of Studies of the Department of Psychology, CDL University.
- 8. Member, P.G. Board of Studies of the Department of Psychology, CBL University.
- 9. Member, Departmental Research Committee, Department of Psychology, Central University of Haryana, Mahendergarh.
- 10. Member, UG Board of Studies of the Department of Psychology, HP University, Shimla. Member, UG Board of Studies of the Department of
- 11. Psychology, CDL University, Sirsa.
- 12. Member, UG Board of Studies of the Department of Psychology, CBL University, Bhiwani.
- 13. Member of Indian Association of Clinical Psychology.

- 14. Member of Indian Association of Community Psychology
- 15. Member of Indian Science Congress
- 16. Member of Indian Association of Psycho-Cultural Researches
- 17. Member of editorial board of Indian Journal of Positive Psychology
- 18. Member of editorial board of Indian Journal of Psychology and Education
- 19. Member of PG Board of Studies CBLU, Bhiwani.
- 20. Member of Academic Council, GJUS&T, Hisar.
- 21. Member of Executive Council, GJUS&T, Hisar.
- 22. Member of Executive Council, CRSU, Jind.
- 23. Member of University Court, Kurukshetra University, Kurukshetra.
- 24. Member of Bhartiya Counseling Psychology Association of India.
- 25. North Zone Secretary of Indian Association of Health Psychology
- 26. Member, Faculty of Social Sciences, M.D.U, Rohtak

Prof. Jyotsana

- Member of admission committee
- Member of DRC
- Member of PGBOS of university.

Dr. Rakesh

- Chairperson of the Department.
- Member of admission committee
- Member of DRC
- Member of Board of Studies & Research

Dr. Manju

- Member of admission committee
- Member of DRC
- Member of Board of Studies & Research

Dr. Sanjay Kumar

- Member of Admission Committee
- Coordinator Training and Placement cell
- Coordinator Aptitude Testing Lab
- Coordinator Counseling Cell
- Member of DRC
- Member of Board of Studies & Research

Dr. Taruna

- Associate Director, Psychological Guidance and Counselling Cell
- Member of Admission Committee
- Member of DRC
- Programme coordinator- B.A. Psychology (DDE)
 - Member of Cultural council

iv) Member of Academic Bodies of other institutions:

(XIV) Detail of Consultancy Work in Department:

Name of Teacher	Title of the project/work	Name of Agency	Total Amount

Prof. Sandeep Singh: Providing psychological counselling to the needy students and other segments of community on regular basis without any consultancy fee.

Prof. Jyotsana: Free of cost consultancy on psychological issues and psychological counseling to needy students and other segments of the society.

Dr. Sanjay Kumar: Students counselling at university counselling cell, Department of Applied Psychology, GJUS&T, Hisar

(XV) Lecture (other than class) delivered (Give teacher wise detail)-

Type	Topic/subject	Institution	Dates
Invited talk delivered in refresher courses	Freud Psychoanalytic and Behaviorist Theory & Gestalt Theory	UGC-HRDC, GJUST	06/10/2020 & 25/02/2021
Extension lectures			
Any other			

XVI) Additional Duties Performed/Positions held in the University (Teacher-wise)

Sr.	Name of	Additional Positions	Duration from to
No.	Teacher		
1	Prof. Sandeep	1. Director, Psychological	
	Singh	Guidance & Counseling Cell	
		of Guru Jambheshwar	
		University of Science &	
		Technology, Hisar	
		2.Dean of Colleges.	
		3.Nodal officer of the	
		University for District Election	
		Office, Hisar	
		4. Member, Internal Quality	
		Assurance Cell (IQAC),	
		GJUS&T, Hisar	
		5.Member, anti ragging	
		committee of the university.	
		6.Member of NSS advisory	
		board of the university	
		7.Member of Cultural council	
		of the university	
		8.Member of sports council of	
		the university	

		034 1	
		9.Member, organizing	
		committee for sports	
		tournaments of the university.	
		10.Member, organizing	
		committee for youth festival.	
		11.Member of different	
		committees constituted for	
		academic issues, students	
		welfare and teachers welfare.	
		12.Centre supdt. for theory and	
		practical examinations at	
		GJUS&T, Hisar	
		13.Member, syllabus re-	
		structuring committee of the	
		department.	
		14.Member, anti-eve teasing	
		committee of the university.	
		15.Member, PG. Board of	
		studies of the department.	
		16.Member, students	
		counseling cell of the	
		department	
		17.Member of Covid-19	
		taskforce of the university.	
		taskioice of the university.	
		18.Member of different	
		committees constituted for	
		academic issues, students	
		welfare and teachers welfare	
2	Prof. Jyotsana	Member of admission	
]	committee	
		2. Member of DRC	
		3. Member of Board of	
		Studies & Research	
3.	Dr. Rakesh	1. Chairperson,	
	Behmani	Department of Applied	
		Psychology	
		2. Member of admission	
		committee	
		3.Member of DRC	
		4.Member of Board of Studies	
		& Research	
		a research	
4.	Dr. Manju	1. Member of admission	
		committee	
		2. Member of DRC	
		3. Member of Board of	
		Studies & Research	
		4. Coordinator biofeedback	
		lab	
L	l	140	

		5. Proctorial duties if the university	
5.	Dr. Sanjay Kumar	Warden of BH3 Training and Placement Coordinator of Department Course coordinator PGDCBM (Distance Education) Nodal Officer Drug Prevention Cell	Since Oct, 2019 since 2017 Since 2018 Since 2018
6.	Dr. Taruna	 Member of Admission Committee Member of DRC Coordinator, Cultural council Associate Director, Psychological Guidance and Counselling Cell. Dy-Coordinator, B.Ed Admission Committee 	

(XVII) Training & Placement Activities of the Department:

Activity	No. of Students	No. of Companies in
	placed	which placed*

• Note:- Please attach a list of companies along with number of students placed, dates of placement and average package.

(XVIII) Detail of Academic Activities / Professional Activities / Programmes organized in Department during the year:

- i. Seminar/conference/Refreshers course(with title and date)
- ii. Extension lecture; (with resource person & date)
- iii. Students tour / training program: (with date and places visited)
- iv. Industry interaction programs: (with name of company & date)
- v. Any other:

Personality	Prof. Sunita,	08/03/2021	
Development and	LBSNAA,		
Assessment	Mussoorie		
Health & Well-	Prof. Neelam	05/03/2021	
Being of Women	Khetarpaul		
	Prof. Promilla		
	Batra		
	Dr. Satya Sawant		
Digital Addiction	Dr. Nittin Anand	06/03/2021	

(X	XIX) Awards/ Honours received by Faculty (Give teacher-wise details about title of award, awarding agency and date of conferment):
(X	(X) Any other important Information/ Achievement of the Department:
	Signature of the Chairperson
	ANNEXURE
D	EPARTMENT OFApplied psychology
(I)	TOTAL NO. OF RESEARCH PAPERS PUBLISHED: 25
	NATIONAL: 21
	INTERNATIONAL: 04
(II)	TOTAL NO. OF FUNDED RESEARCH PROJECTS:
	COMPLETED:
	ON GOING:nil
(III)	TOTAL NO. OF PARTICIPATED AND CONTRIBUTED RESEARCH PAPERS:
	SEMINARS & CONFERENCES: 06
	INTERNATIONAL LEVEL: 03
(IV)	TOTAL NO. OF BOOKS PUBLISHED:NIL
(V)	NUMBER OF SCHOLARS COMPLETED THEIR PH.D. DEGREE:06
(VI)	TOTAL NUMBER OF SCHOLARS REGISTERED TO
	PH.D. PROGRAMME: NIL

Signature of the Chairperson